




Office of the Principal
Govt. Degree College, Ajas Bandipora Kashmir - 193502

گورنمنٹ ڈگری کالج اجس بانڈی پورہ

Phone No.:9419027493 Email ID: principalgdcajas@gmail.com

YOGA DAY PREPARATIONS

On the 14th of May, 2022 NSS unit Government Degree College Ajas organised preparations for Yoga Day as part of the UT wide Yoga celebrations. The event started with NSS Programme Officer Mehraj Din Dar speaking about the relative efficacies of Yoga followed by a long yoga session under the guidance of Physical Training Instructor Mr Showkat Rasool who instructed the students on different Yoga techniques.


Programme Officer

Programme Officer

NSS Unit

National Service Scheme (NSS)
Govt. Degree College Ajas



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YOGA DAY PREPARATIONS ON 14-05-2022

